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Claims

- 1. An edible emulsion comprising:
 - a) oil;
 - b) water;
 - c) dairy base; and
 - d) insoluble fibers

wherein the edible emulsion is coarse or smooth.

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- 2. The edible emulsion according to claim 1 whereby the dairy base is selected from the group consisting of yoghurt, crème fraiche, sour cream, cream, mixtures thereof.
- 3. The edible emulsion according to any one of the preceding claims wherein the edible emulsion comprises from about 0.5 to about 9.0% by weight of the insoluble fibers.
 - 4. The edible emulsion according to any one of the preceding claims wherein the edible emulsion is a coarse emulsion comprising oil droplets, further wherein at least about 75.0% of all droplets present have a diameter that is greater than about 25.0 μ m.

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- 5. The edible emulsion according to any one of the preceding claims wherein the edible emulsion is a smooth emulsion comprising oil droplets, further wherein at least about 80.0% of all oil droplets present are less than $10.0~\mu m$.
- 25 6. A method for making an edible emulsion comprising insoluble fibers comprising the steps:
 - a) mixing, in no particular order, oil, water, dairy base, insoluble fiber and emulsifier to make a coarse emulsion; and
 - b) recovering the coarse emulsion
- 30 wherein the coarse emulsion may optionally be homogenized in a homogenizer to produce a smooth emulsion.
 - 7. The method for making an edible emulsion according to claim 6 wherein the coarse emulsion is homogenized in a homogenizer and the homogenizer is pressurized from about 35.0 to about 650.0 bar and at a temperature from about 15°C to about 70°C.

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- 8. The method for making an edible emulsion according to claim 7 whereby the homogenization is carried out in two or more separate homogenization steps.
- 9. The method for making an edible emulsion according to claim 6 further comprising the
 5 step of adding acidulant wherein the acidulant is added before or after the coarse emulsion is made.
 - 10. A food product comprising an edible emulsion according to any one of the preceding claims.

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- 11. The food product according to claim 10 wherein the food product has a viscosity greater than about 500 centipoise and less than about 10,000 centipoise.
- 12. The food product according to any one of claims 10 and 11 wherein the food product is a dressing, soup, sauce, dip, spread, filling or drink.
 - 13. The food product according to any one of claims 10 to 12 wherein the food product is substantially free of carbohydrates.